

BRIEF DIRECTORY OF SERVICES FOR ALCOHOL AND DRUG ISSUES IN THE CANAL COMMUNITIES AREA (Bluebell, Inchicore, Rialto)

As of November 2024

N.B.: See individual organisations' websites for more information

COMMUNITY-BASED ADDICTION SERVICES			
ORGANISATION	ADDRESS	CONTACT & WEBSITE	OPENING HOURS
CANAL COMMUNITIES REGIONAL ADDICTION SERVICE (CCRAS)	Oblate Hall, Tyrconnell Road, Dublin 8, D08KCH5	Paul Holdaway, Harm Reduction Coordinator M: 086 045 3822 E: paul@ccras.ie Norah Byrne, Polydrug & Alcohol Worker M: 086 806 0421 E: norah@ccras.ie W: www.ccras.ie	9am to 5pm Monday to Friday Plus, evening group and one-to-one sessions
SERVICES One-to-one, group and outreach support for individuals who are:		Groups include:	
<ul style="list-style-type: none"> ▶ Actively misusing substances ▶ Drug-free or are becoming drug-free ▶ Affected by the substance misuse of loved ones 		<ul style="list-style-type: none"> ▶ SMART Recovery Group ▶ Women's Recovery Group ▶ Mental Health Chat Room ▶ Alcohol Education & Support Programme 	
ORGANISATION	ADDRESS	CONTACT & WEBSITE	OPENING HOURS
COMMUNITY RESPONSE	14 Carmans Court, Carman's Hall, Dublin 8	JM Burr (Team Lead) T: 01 454 9772 M: 083 800 1686 E: jm@communityresponse.ie W: www.communityresponse.ie	9am to 5pm Monday to Friday
SERVICES One-to-one, group, and holistic support for individuals who are:		Groups include:	
<ul style="list-style-type: none"> ▶ Problematically using alcohol ▶ Alcohol-free or are becoming alcohol-free ▶ Affected by the alcohol misuse of loved ones ▶ Affected by hepatitis C or alcohol-related liver disease 		<ul style="list-style-type: none"> ▶ Change and Recovery Group ▶ Women's Group ▶ Alcohol Stabilisation Programme ▶ Family / concerned person support group ▶ Mindfulness-based relapse prevention 	

ORGANISATION	ADDRESS	CONTACT & WEBSITE	OPENING HOURS
FRONTLINE MAKE CHANGE	Kavanagh House, 135 Emmet Road, Inchicore, Dublin 8 Bluebell Youth & Community Centre, Bluebell Road, Dublin 12	Alison McNulty, Addiction Operations Manager M: 087 737 7743 E: alison@frontlinemc.ie W: www.frontlinemakechange.com	9am to 4:30pm Monday to Friday
SERVICES One-to-one and group services for individuals affected by substance misuse and addiction, including: <ul style="list-style-type: none"> ▶ Key-working ▶ Counselling ▶ Outreach ▶ Art therapy ▶ Holistic therapies ▶ Prison Links work 		Groups include: <ul style="list-style-type: none"> ▶ Family Support, ▶ Psychosocial Educational and Stabilisation Programmes ▶ Aftercare ▶ Drop-In Service <p>Frontline also provides a Childcare Service for children of service users or families that have had major impact of addiction within the family unit.</p>	
ORGANISATION	ADDRESS	CONTACT & WEBSITE	OPENING HOURS
RIALTO COMMUNITY DRUG TEAM (RCDT)	468 South Circular Road, Rialto, Dublin 8, D08 H51F	Anne Kinsella, Administrator T: 01 454 0021 E: admin@rcdt.ie W: https://rialtocommunitydrugteam.org/	Monday to Thursday 9am to 7pm Friday: 9am to 1pm
SERVICES RCDT offers a compassionate, confidential, harm reduction- and trauma-informed, suite of services including: <ul style="list-style-type: none"> ▶ Individual one-to-one Key working ▶ Harm Reduction ▶ Counselling for those effected by addiction ▶ Systematic Family Therapy ▶ Community Prison Links ▶ Housing Support ▶ Family Support ▶ Specific club-drug support ▶ Community and street outreach ▶ Referral to treatment ▶ Complementary Therapies 		Groups include: <ul style="list-style-type: none"> ▶ Alcohol Information & Education Group ▶ Mental health and wellbeing groups ▶ Smart recovery Group ▶ Family support/Women's' Support group ▶ Men's Health Group 	

▶ Drop-in Service			
DRUG REHABILITATION PROJECTS			
ORGANISATION	ADDRESS	CONTACT & WEBSITE	OPENING HOURS
COMMUNITY LYNKS RECOVERY PROGRAMME (Community Employment (CE) Scheme)	Oblate Hall Basketball Arena, Tyrconnell Road, Inchicore, Dublin 8	Margaret Lamrani, Manager T: 01 453 0263 E: info@lynksproject.ie F: Lynks Strength	8am to 5pm Monday to Friday Plus, evening activities
SERVICES			
<ul style="list-style-type: none"> ▶ Recovery-focused: One to one Key-working, Therapy Groups, Check ins, Counselling, Psychotherapy, Peer-Led Groups, NA evening Fellowship, Mindfulness, Gender Groups. ▶ Training & Education: CDET, QQI Certified Training, CV Preparation, One to One Career Guidance, Work Placement/Experience, Interview Techniques, College Assignment Support. ▶ Health & Fitness: Weekly Wellness Programme, Weekly Fitness Dance Class, Weekly Relax & Renew Class, Hill Walking, Fishing other activities as organised. ▶ After-Care/Social Hub: Social Evenings, Cinema Etc, Recovery Café/Open Mike Nights/Karaoke ▶ Dance Fitness Class ▶ Narcotics Anonymous (NA) Open Meeting (Wednesdays, 7.00 – 9.00 p.m.) ▶ Abstinent Group 			
ORGANISATION	ADDRESS	CONTACT & WEBSITE	OPENING HOURS
TURAS TRAINING	Unit C1 Bluebell Business Centre, Old Naas Road, Dublin 12	Tony or Trevor T: 01 450 5396 E: info@turastraining.ie W: www.turastraining.ie	8am to 4:30pm Monday to Friday Plus, some evenings
SERVICES			
<ul style="list-style-type: none"> ▶ Day Programme up to 19.5 hour per week for person in recovery from addiction, including: <ul style="list-style-type: none"> ○ Key-work ○ Nationally certified educational course ○ Care Planning ○ Case Management ○ Group work ○ Outdoor education ○ Recovery ○ Holistic ▶ Community Employment Scheme ▶ Addiction Studies Level 7 (evenings) 			

COMMUNITY-BASED SOCIAL PRESCRIBING SERVICE

ORGANISATION	ADDRESS	CONTACT & WEBSITE	OPENING HOURS
FATIMA GROUPS UNITED FAMILY RESOURCE CENTRE (FGU)	F2 Centre, 3 Reuben Plaza, Rialto, Dublin 8	General programmes - Ann Malone E: ann@fgu.ie F: Fatima Groups United W: www.fgu.ie @groupsfatima (Twitter)	Monday to Thursday 9am to 9pm Friday: 9am to 6pm
<p>Housed in a busy community centre there are a wide range of community programmes to support community connections, and emotional and physical wellbeing, for example:</p> <p> ▶ Fatima Community Sports Hub E: deirdre@fgu.ie ▶ Fatima Counselling Service M: 087 941 0734 ▶ D8 Social Prescribing Service M: 085 858 1307 E: d8socialprescribing@fgu.ie </p>			

COMMUNITY BASED DRUG/ALCOHOL SUPPORT SERVICE FOR YOUTHS AND MINORS

ORGANISATION	ADDRESS	CONTACT & WEBSITE	OPENING HOURS
BLUEBELL YOUTH SERVICE	64 Bluebell Rd, Inchicore, Dublin, D12 VY18	T: 01 473 8439 M: 087 431 1136 E: info@ccrys.org	Monday to Thursday 9am to 10pm Friday: 9am to 9pm Saturday: 9am to 4pm
CORE YOUTH SERVICE	St Vincent St W, Inchicore, Dublin 8, D08 T104	T: 01 454 4791 M: 085 102 7395 E: info@coreys.com	Monday to Thursday 9:15am to 10pm Friday: 9:30am to 5pm Saturday: 10am to 4:30pm
RIALTO YOUTH SERVICE	468 South Circular Road, Saint James' (part of Phoenix Park), Dublin 8, D08 H51F	T: 01 453 1638 E: admin@rialtoyouthproject.net	Monday to Friday 9 am to 5 pm, plus evening and weekend sessions. Ring or email for details

Services:

Each youth service has available a specialist drug and alcohol worker who target and work with young people and their families providing drug/alcohol specific interventions that include:

- ▶ Support & Education
- ▶ Referral Pathways
- ▶ Age-appropriate methodologies and interventions
- ▶ Youth programmes

OUTREACH SUPPORT / WORKERS

NAME	CONTACT INFORMATION	OPENING HOURS
Caoimhe	T: 086 206 2841 E: caoimhe@core-ys.com	Ring or email for details
Jason	T: 085 882 6815 E: jason@core-ys.com	Ring or email for details